

Grangemouth ASC MAGS Meet

Saturday 11th February 2012

Grangemouth Sports Complex

| | Session One Warm up: 9am Start: 10am | | | Session Two Warm up: 1:30pm Start: 2:30pm | | |
|------------------------|--|-------------------|-----------------|---|-------------------|-----------------|
| 11 & Under | 100 Fly | 100 Back | 200 Free | 200 IM | 100 Breast | 100 Free |
| Female | # 102A | # 104A | # 106A | # 201A | # 203A | # 205A |
| Kimmy Buchanan (10) | *** | *** | *** | *** | *** | *** |
| Rachel Calvert (11) | | *** | | | *** | *** |
| Niamh Culliton (11) | *** | *** | *** | Reserve | *** | |
| Kate McDonald (10) | | *** | | | | |
| Cara Mullen (11) | *** | *** | *** | *** | | *** |
| Ashleigh Reid (10) | *** | *** | *** | *** | *** | *** |
| | | | | | | |
| 12-13 | 100 Fly | 100 Back | 200 Free | 200 IM | 100 Breast | 100 Free |
| Female | # 102B | # 104B | # 106B | # 201B | # 203B | # 205B |
| Laura Buchanan (13) | *** | *** | *** | *** | | *** |
| Naomi Calder (13) | *** | *** | *** | *** | *** | *** |
| Clare Hunter (12) | *** | *** | *** | Reserve | | *** |
| Emily Millar (13) | *** | *** | | | | |
| | | | | | | |
| 14-15 | 100 Fly | 100 Back | 200 Free | 200 IM | 100 Breast | 100 Free |
| Female | # 102C | # 104C | # 106C | # 201C | # 203C | # 205C |
| Emily Bryce (14) | *** | *** | *** | *** | *** | *** |
| Emily Hunter (14) | *** | | *** | | *** | |
| Rachael Lynagh (14) | *** | *** | *** | *** | | *** |
| Gaowareen Toole (15) | *** | *** | Reserve | Reserve | *** | *** |
| Cara Whittaker (15) | *** | | *** | *** | *** | *** |
| Keely Wilkinson (15) | *** | Reserve | *** | | *** | |
| | | | | | | |
| 11 & Under | 200 IM | 100 Breast | 100 Free | 100 Fly | 100 Back | 200 Free |
| Male | # 101A | # 103A | # 105A | # 202A | # 204A | # 206A |
| Adam Holmes (11) | | *** | Reserve | | *** | |
| Ryan Retson (11) | *** | *** | *** | *** | *** | *** |
| | | | | | | |
| 12-13 | 200 IM | 100 Breast | 100 Free | 100 Fly | 100 Back | 200 Free |
| Male | # 101B | # 103B | # 105B | # 202B | # 204B | # 206B |
| Nino Delrio (12) | | *** | *** | | | |
| Cameron Kirkwood (13) | | | *** | | | |
| Jake Love (13) | | | Reserve | | *** | |
| Ben Robertson (12) | | *** | | | *** | |
| Scott Wilson (13) | *** | *** | *** | *** | *** | |
| | | | | | | |
| 14-15 | 200 IM | 100 Breast | 100 Free | 100 Fly | 100 Back | 200 Free |
| Male | # 101C | # 103C | # 105C | # 202C | # 204C | # 206C |
| Cameron Atkinson (15) | *** | Reserve | *** | *** | *** | |
| Jack Coleman (15) | *** | *** | *** | *** | *** | *** |
| Michael Hunter (15) | *** | *** | *** | *** | *** | *** |
| Alastair Kirkwood (15) | *** | *** | *** | *** | *** | *** |
| Ruairi Kirkwood (14) | *** | *** | *** | *** | *** | *** |
| Alistair Murphy (15) | | *** | Reserve | *** | *** | |

Squardon Relay #207
6 x 50m Freestyle

Team

Reserve

| | | |
|-----------------|-------------------|----------------|
| Male 11 & Under | Ryan Retson | Adam Holmes |
| Female 11&Under | Ashleigh Reid | Kimmy Buchanan |
| Male 12 – 13 | Nino Delrio | Scott Wilson |
| Female 12-13 | Naomi Calder | Laura Buchanan |
| Male 14-15 | Alastair Kirkwood | Jack Coleman |
| Female 14-15 | Cara Whittaker | Rachael Lynagh |

Session One

Session Two

| | | |
|-------|--------------|--------------|
| Coach | Walter Scott | Walter Scott |
| Coach | Lynn Bryce | Lynn Bryce |
| Coach | | |

Can we please have 1 Poolside Helper per session to assist the Coaches. Other parent helpers if you have been on a club time-keeping course please volunteer to do time-keeping so we have enough officials. We need this meet to be accredited so therefore need enough judges and timekeepers to cover poolside

| | | |
|---|--|--|
| Poolside Helper For Boys (only 1 needed per session) | | |
| Poolside Helper For Girls (only 1 needed per session) | | |

| | | |
|---------------------------------------|--|--|
| Technical Officials or Time-Keeper | | |
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Can parents of ALL swimmers please help on the day by adding your name to the list on the board of 'Jobs' needing done to run the gala successfully. You will still see your child OR if your child is swimming in the morning and you want to spectate please help in the afternoon and vice versa. We need EVERYONE to help on the day