

Central Schools Swimming Championships 2009

(Scottish Schools Swimming Trials)

**The Peak
Stirling Sports Village
Stirling**

www.stirling.gov.uk/thepeak.htm

Saturday 31st October 2009

9.00am – 3.00pm

Meet Information

- Date:** Saturday 31st October 2009
- Venue:** The Peak, Stirling Sports Village, Forthbank, Stirling FK7 7UJ
- Pool Facilities:** 25m, 6 lanes, anti-turbulence lane ropes with full electronic timing and scoreboard. Café and bar facilities available.
- Times:** Warm-ups will be split to accommodate numbers & age range of competitors.
Access to Poolside: 8.40am
Warm Up: 9.00 – 9.40am for Start 9.50am
Finish approx 3.00pm
- Supervision:** *** Schools must provide a teacher/parent to supervise their school swimmers on poolside. ***
- Heat Marshalling:** Event summary will be posted at various locations around the poolside. Swimmers will be called for in whole events, at least one event prior to their swim and marshalled into heats in the designated marshalling areas. Swimmers will then be sent down in heat order to the starting blocks.
- Age Groups:** *** Swimmers under 8yrs may not enter ***
- 12yrs & Under may enter 1 individual event and a 4 x 50m relay.
- 13/14yrs, 15/16yrs, 17/19yrs may enter a maximum of 2 individual events and a 4 x 50m canon relay. If a swimmer wishes to enter two individual events, one of these must be a 200m or 400m.

Individual Age Groups

- | | Events |
|-------------------------------|---|
| 12yrs & Under: | 50m Butterfly, Backstroke, Breaststroke & Freestyle
4 x 50m Free Relay Teams (Schools may enter an A and B team) |
| 13/14yrs, 15/16yrs, 17/19yrs: | 100m Butterfly, Backstroke, Breaststroke & Freestyle
200m Butterfly, Backstroke, Breaststroke, Freestyle & IM
4 x 50m Canon Relay - one boy & girl from 1 individual age group and one boy & girl from 13-19yrs age group (Schools may enter an A and B team) |

Open Category

- | | Events |
|------|---|
| Open | 400m Freestyle & Individual Medley (IM) |

Central Schools Championships & Scottish Schools Finals Eligibility:

1. Swimmers must be participating in a full time course of education at a school or college, on a course up to and including HNC level.
2. **Age group events are defined** as age on the **31st December 2010**.
3. Swimmers may only be considered for the Scottish Schools Finals with times achieved at the area championships, as long as the times are within the published consideration time.
4. A maximum of three swimmers from each area can be submitted to the Scottish Schools Finals for each event.

NOTE: In addition, most events can only accept the twenty fastest swimmers, 17-19yrs only the ten fastest swimmers, therefore if a swimmer gets a consideration time it may not be accepted as a qualification time.

Seeding: 12yrs/U age group events will be run as mixed boys and girls based on entry times.

13/14 - 17/19 yrs age groups events will be run as mixed age groups based on entry times.

Awards: All events Medals for 1st, 2nd and 3rd. In the Open events medals will be presented to 1st, 2nd and 3rd placing for individual age categories.

Presentation shields will be awarded to the following:

12yrs/U Girls & 12yrs/U Boys Relay Team Winners
13-19yrs Canon Relay Team Winners

Top Primary & Secondary School based on cumulative points from the top six swimmers.

Points will be awarded as follows:

1 st Place = 6 points	2 nd Place = 5 points	3 rd Place = 4 points
4 th Place = 3 points	5 th Place = 2 points	6 th Place = 1 point.

Entries: The correct fee(s) must accompany the completed paperwork and be sent to the Area Rep by **Saturday 10th October**. Late entries may be accepted at the discretion of the meet management.

Cheques made payable to: **Central Schools Swimming**

Individual Swims - £5.00 per individual event

12yrs/U Relay Teams - £8.00 (max of 2 teams – A & B)

13-19yrs Canon Relay Team - £8.00 (max of 2 teams – A & B)
(1 girl & boy from 1 individual age group and 1 girl & boy from 13-19yrs age groups Eg. 1 girl & boy from 13/14yrs & 1 girl from 13/14yrs and 1 boy from 17/19yrs)

The meet organiser reserves the rights to restrict the number of heats depending on the response.

Area Representative: Sharon Ferguson
Viewfield
West James Street
Alva
FK12 5AY

Tel: 07743056404 or email: fergusonsh@stirling.gov.uk

Parking: Car parking facilities are available at the Sports Village.

Photography: No photographic or video equipment (cameras, camcorders, mobile phones incorporating cameras etc.) will be allowed either on poolside or the viewing area or any other area under the jurisdiction of the meet management without prior approval of the Meet Nominated Official.

Application to use the above named equipment can be made on the day to the Meet Nominated Official. Any person wishing to do this must be able to provide identification, and evidence that they have swimmer(s) competing in the meet. Application must be made on the official SASA form.

Mobile Phones: Must be switched off or put on silent mode during the meet.

Scottish Schools Swimming Finals Entries:

The results from the Central Schools Championships will be collated and checked against the published Scottish Schools consideration times. From the top 3 performances in each event, names will be submitted for consideration for the Scottish Schools Swimming Finals. The selected swimmer's school/college being represented will be sent the entry information for the Scottish Schools Swimming Finals.

Programme of Events:

Warmup

12yrs/U 9.00am – 9.20am
13/14yrs, 15/16yrs, 17/19yrs 9.20am – 9.40am

Session Start – 9.50am

Event 1	12/U	50m Backstroke	Girls/Boys
Event 2	13/14yrs, 15/16yrs, 17/19yrs	100m Backstroke	Girls
Event 3	13/14yrs, 15/16yrs, 17/19yrs	100m Backstroke	Boys
Event 4	12/U	50m Butterfly	Girls/Boys
Event 5	13/14yrs, 15/16yrs, 17/19yrs	100m Butterfly	Girls
Event 6	13/14yrs, 15/16yrs, 17/19yrs	100m Butterfly	Boys
Presentations for Events 1 - 6			
Event 7	12/U	50m Breaststroke	Girls/Boys
Event 8	13/14yrs, 15/16yrs, 17/19yrs	100m Breaststroke	Girls
Event 9	13/14yrs, 15/16yrs, 17/19yrs	100m Breaststroke	Boys
Event 10	12/U	50m Freestyle	Girls/Boys
Event 11	13/14yrs, 15/16yrs, 17/19yrs	100m Freestyle	Girls
Event 12	13/14yrs, 15/16yrs, 17/19yrs	100m Freestyle	Boys
Event 13	12/U	4 X 50m Freestyle Relay	Girls
Event 14	12/U	4 X 50m Freestyle Relay	Boys
Presentations for Events 7 – 14, Top Primary School, Girls & Boys Relay Team Winners (30 min break for officials)			
Event 15	13/14yrs, 15/16yrs, 17/19yrs	200m Backstroke	Girls
Event 16	13/14yrs, 15/16yrs, 17/19yrs	200m Backstroke	Boys
Event 17	13/14yrs, 15/16yrs, 17/19yrs	200m Butterfly	Girls
Event 18	13/14yrs, 15/16yrs, 17/19yrs	200m Butterfly	Boys
Event 19	13/14yrs, 15/16yrs, 17/19yrs	200 Individual Medley	Girls/Boys
Event 20	OPEN	400m Freestyle	Girls/Boys
Presentations for Events 15 - 20			
Event 21	13/14yrs, 15/16yrs, 17/19yrs	200m Breaststroke	Girls
Event 22	13/14yrs, 15/16yrs, 17/19yrs	200m Breaststroke	Boys
Event 23	13/14yrs, 15/16yrs, 17/19yrs	200m Freestyle	Girls
Event 24	13/14yrs, 15/16yrs, 17/19yrs	200m Freestyle	Boys
Event 25	OPEN	400 Individual Medley	Girls/Boys
Event 26	13-19yrs	4 x 50m Canon Relay	1 girl & boy from 1 individual age group and 1 girl & boy from 13-19yrs age groups
Presentations for Events 21–26, Top Secondary School & 13-19yrs Canon Relay Team Winners			

Please use one ¹entry sheet per swimmer and a separate entry for each relay team.

Eg. If a swimmer enters 1 event then Total Individual Events Entered = 1 - Total cost is = £5.00
 If a swimmer enters 2 individual events then Total Individual Events Entered = 2 - Total cost is = £10.00
 If a school enters only one relay then Total Relay Events Entered = 1 - Total cost is = £8.00

Age group events are defined as age on the **31st December 2010**

12/U can enter 1 individual event and a 4 x 50m relay (*Please specify a 4 x 50m Relay entry and age group eg 12/U Girls 4x50m A*)
13/14yrs, 15/16yrs, 17/19yrs may enter a maximum of 2 events. If a swimmer wishes to enter two events, one of these must be a 200m or 400m.
 Canon Relay must incorporate 1 girl & boy from the same individual age group and 1 boy & girl from 13-19yrs age groups swimmers details must be entered. (*Please specify Canon Relay entry and age group eg. Canon A, B13/14, G13/14, B15/16, G17/19*)

Name	DOB	Entered Age Group	School/College	Distance 50m / 100m / 200m / 400m	Individual Entered Stroke	Individual Entry Time	4x50m or Canon Relay A / B	Relay Entry Time

Total Individual Events Entered	
Total Relay Event Entered	

Total Events Fees	£	
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Please enter relay team members details and indicate which relay team they are entered into eg. A or B. If you do not have a swimmers time then enter a realistic one or put in NT (No Time). Swimmers with NT will race in the first heat, if there is more than one heat for that event.

NOTE: All swimmers must be able to swim two lengths of the pool without stopping and without water aids eg. armbands

¹ Completed Entry Form examples at end of document

Central Schools Swimming Championships

Saturday 31st October 2009

Summary Sheet

Fill out this form and send it back along with completed individual/relay entries sheet(s) to the address below:

Sharon Ferguson
Viewfield
West James Street
Alva
FK12 5AY

The strict deadline for entries is Saturday 10th October

School:

Contact Name:

Contact Tel:

Contact Address:

Contact Email:

Entries: Per Swim

No of Boys Individual Entries

@ £5.00

Total:

£ _____

No of Girls Individual Entries

@ £5.00

Total:

£ _____

No of Relays Entries

@ £8.00

Total:

£ _____

Cheque Payment: £ _____

Print Name: _____ Signed: _____

(Cheques made payable to: Central Schools Swimming)

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Name	DOB	Entered Age Group	School/College	Distance 50m / 100m / 200m / 400m	Individual Entered Stroke	Individual Entry Time	4x50m or Canon Relay A / B	Relay Entry Time
John Doe	01/08/1999	12yrs/U	A Primary School	50m	Backstroke	37.01	-----	-----

Total Individual Events Entered	1
Total Relay Event Entered	-----

Total Events Fees	£	5.00
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Please enter relay team members details and indicate which relay team they are entered into eg. A or B. If you do not have a swimmers time then enter a realistic one or put in NT (No Time). Swimmers with NT will race in the first heat, if there is more than one heat for that event.

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Name	DOB	Entered Age Group	School/College	Distance 50m / 100m / 200m / 400m	Individual Entered Stroke	Individual Entry Time	4x50m or Canon Relay A / B	Relay Entry Time
John Doe	01/08/1999	12yrs/U Boys	A Primary School	-----	-----	-----	4x50 A	2.20.01
Mike Ray	22/04/1999							
Jack Doe	01/08/1999							
Liam Black	14/10/1999							

Total Individual Events Entered	-----
Total Relay Event Entered	1

Total Events Fees	£	8.00
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Name	DOB	Entered Age Group	School/College	Distance 50m / 100m / 200m / 400m	Individual Entered Stroke	Individual Entry Time	4x50m or Canon Relay A / B	Relay Entry Time
John Doe	01/08/1995	15/16yrs	A Secondary School	100m	Backstroke	1.05.31	-----	-----
				200m	Backstroke	2.10.95	-----	-----

Total Individual Events Entered	2
Total Relay Event Entered	-----

Total Events Fees	£	10.00
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Name	DOB	Entered Age Group	School/College	Distance 50m / 100m / 200m / 400m	Individual Entered Stroke	Individual Entry Time	4x50m or Canon Relay A / B	Relay Entry Time
John Doe	01/08/1996	B 13/14	A Secondary School	-----	-----	-----	Canon A	2.01.01
Jane Ray	22/04/1996	G 13/14						
Jack Black	02/10/1995	B 15/16						
Jim Brown	07/05/1993	G 17/19						

Total Individual Events Entered	-----
Total Relay Event Entered	1

Total Events Fees	£	8.00
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