

Grangemouth Amateur Swimming Club

Summer Newsletter 2009

Well 2009 has started off very, very successfully for the Club. Here are some facts since the last newsletter:

- We have 2 West District Champions
- We scored the highest number of points as a club at the West District Championships EVER! We came in 3rd overall behind the mighty City of Glasgow and North Ayrshire
- We are doing very well in the Forth Valley Junior League winning ALL our galas so far!
- We have a few new people who are sitting their pool rescue
- We held a sponsored swim - the first in about 9 years and it went very well raising nearly £2000 so far! Thanks to everyone who took part
- We ran a very successful Summer Squad Challenge

I am sure you will be with me in thanking, in particular all the coaches, helpers and committee members for their dedication, hard work and for giving up all their time to help our kids. And the kids of course!!

Sponsored Swim

Can you please hand in your money as soon as possible as we would like it all in prior to the summer holidays. We have a few things planned over the year so will let you know how this money will be spent in a later newsletter.

So far Improvers have raised £617.55, I Squad £543.80, B Squad £522.00 and C Squad £293.10

Summer Squad Challenge

The Summer Squad Challenge ran very smoothly and the kids had lots of excellent swims. Well done to everyone involved.

Swim Camp

Swim Camp has been organised for the weekend the 8th 9th and 10th August at Tulliallan Police College and all I squad were invited.

Coaches and Poolside Helpers

We are looking for people's availability throughout the summer holiday's to ensure we have the correct people to man our training sessions.

Lynda Duffell has drawn up a calendar for the months of end June to end August. Can you please add your name to the dates you **CAN** cover and please make sure you come to these sessions as we do not want to turn kids away on the night.

MAGS (Middle Age Group Swimming) Gala

On Sunday the 13th September the club hosts its own external gala. We usually have about 20 clubs participating and this is one of our major fundraisers and brings in lots of money for the club. You will have seen from the Club Championships how professionally and slick we run our galas. This is due to a lot of hard work and commitment from a lot of people. To make our MAGS gala run as successfully as possible we need lots of help from parents, even if your child is not swimming you can still help. Bring your child along too - they enjoy it! So when the list goes on the board nearer the time please volunteer

Swim Shop

Swim Shop will be open the first Tuesday of every month. Goggles start from £8 and Caps from £4. There is also club gear available, caps, kit bags, holdalls, boy's jammer long trunks (all these available at swim shop), shorts and t-shirts, tracksuits, hooded tops and polo shirts all have to be ordered.

Club gear can be ordered on swim shop nights however it could take a few weeks before the order can be placed as we need a sizeable order to put in. Order forms are in the black folder at the club board. Just fill in the order form and hand it into the desk with the payment. If you are not sure what size to order ask at the desk and we can see if we can help.

Swim Day

A swim Day for all of B squad and invited C squad has been organised for Saturday 19th September

Any unwanted gifts or any donations

As we have a few gala's coming up we would welcome any unwanted gifts for our raffles and tombola. If you have anything at all you could donate to us that would be great. Anything from sweets, chocolates, smellies, wine, bottles of spirits (am I having a laugh - unwanted!!!), soft toys, games - anything at all we would happily take. Or next time you are at the supermarket why not put a few extra bits and bobs in your trolley! Just hand them in at the desk on a Tuesday. Thank in advance

Or if you are able to gain sponsorship for any of our gala's (held in February, September and November) please tell the people at the desk

Help Needed

As always we are asking parents to help run the club. The old saying 'the more hands the merrier' is definitely true. There are various jobs needing filled at the club some of which are only to help at our external gala's so only twice a year, some if for example you come on the committee it is only 8 evenings a year so not a huge commitment. Remember your child benefits from as much as any other child so it is only fair that everyone does their bit. I have attached a list of jobs needing filled **PLEASE** volunteer and put your name next to something. The club is doing fantastic at the moment and it is all down to the help parents like you give!

Website

There is also a questionnaire attached about the website. We would be pleased if you could complete this and hand it in at the desk.

Finally Dates for your Diary

Saturday 25 th July	M&D's
Friday 8 th August	Swim Camp
Saturday 15 th August	Bag Packing
Thursday 27 th August	Committee Meeting
Sunday 13 th September	MAGS
Saturday 19 th September	Swim Day
November dates t.b.c.	Club Championships
Friday 18 th December	Club Championship Presentations & Disco