

GALA RESULTS

WEST DISTRICT GROUP 3 CHAMPIONSHIPS

DG 1 LEISURE CENTRE, DUMFRIES

SAT 16TH - SUN 17TH MAY 2009

Emily Bryce (11) F			
Female 10-11 200 Fly	2:59.23S	4TH	
Female 10-11 400 Free	5:28.30S		
Female 10-11 400 IM	6:05.18S	4TH	
Female 10-11 200 Breast	3:21.66S		
Female 10-11 200 Free	2:38.30S		
Female 10-11 200 IM	2:53.30S		
Hannah Busby (12) F			
Female 12-12 200 Fly	2:55.05S		
Female 12-12 400 Free	5:09.09S		
Female 12-12 200 Back	2:51.75S		
Female 12-12 400 IM	5:49.78S		
Laura Fraser (13) F			
Female 13-13 200 Fly	2:56.52S	5TH	
Female 13-13 400 Free	5:28.28S		
Female 13-13 200 Back	2:55.22S		
Female 13-13 400 IM	6:03.81S		
Female 13-13 200 Breast	3:16.25S		
Female 13-13 800 Free	10:55.42S		
Female 13-13 200 Free	2:34.52S		
Female 13-13 200 IM	2:53.08S		
Julie Hunter (12) F			
Female 12-12 200 Fly	2:39.46S	SILVER	
Female 12-12 400 Free	5:00.10S		
Female 12-12 200 Back	2:41.68S	6TH	
Female 12-12 400 IM	5:37.18S	4TH	
Craig Knight (13) M			
Male 13-13 200 Back	2:24.00S	SILVER	
Male 13-13 400 IM	5:02.83S	GOLD	
Male 13-13 200 Breast	2:48.27S	SILVER	
Male 13-13 800 Free	9:20.39S	BRONZE	
Male 13-13 200 Free	2:10.30S	BRONZE	
Male 13-13 200 IM	2:25.66S	GOLD	
Male 13-13 200 Fly	2:28.35S	GOLD	
Male 13-13 400 Free	4:34.28S	5TH	

Stuart Knight (13) M			
Male 13-13 200 Back	2:38.35S		
Male 13-13 400 IM	5:22.51S		
Male 13-13 200 Breast	2:53.57S	4TH	
Male 13-13 800 Free	9:51.72S		
Male 13-13 200 Free	2:18.19S		
Male 13-13 200 IM	2:34.53S	6TH	
Male 13-13 200 Fly	2:34.74S	5TH	
Male 13-13 400 Free	4:46.10S		
Dale McAnish (12) M			
Male 12-12 200 Free	2:15.26S	SILVER	
Male 12-12 200 IM	2:29.63S	SILVER	
Male 12-12 200 Fly	2:29.85S	SILVER	
Male 12-12 400 Free	4:45.49S	SILVER	
Male 12-12 200 Back	2:31.96S	SILVER	
Male 12-12 400 IM	5:21.70S	GOLD	
Male 12-12 200 Breast	2:53.72S	SILVER	
Male 12-12 800 Free	9:44.50S	SILVER	
Alyshia McCracken (12) F			
Female 12-12 200 Breast	3:18.00S	6TH	
Female 12-12 200 Free	2:21.55S	BRONZE	
Female 12-12 200 IM	2:49.63S		
Female 12-12 200 Fly	3:03.70S		
Female 12-12 400 Free	4:50.96S	SILVER	
Female 12-12 200 Back	2:39.99S	4TH	
Female 12-12 400 IM	6:01.88S		
Julie Nimmo (11) F			
Female 10-11 200 Fly	2:51.94S	SILVER	
Female 10-11 400 Free	5:12.57S	6TH	
Female 10-11 200 Back	2:52.55S		
Female 10-11 400 IM	5:47.33S	SILVER	
Female 10-11 200 Breast	3:09.74S	BRONZE	
Female 10-11 200 Free	2:29.55S	6TH	
Female 10-11 200 IM	2:49.03S	4TH	

All events were straight to finals

Congratulations to our swimmers on so many great swims and medals at district level !

Four West District Champions: Three to Craig & one to Dale

The club was 3rd overall out of 28 clubs, with a record high of 134 points for GASC.
The top three clubs were separated from the others by 47 points.